



The Histories of Patagonia, Sonoita, and Elgin

The original area inhabitants were Native Americans, who appreciated the rich hunting and fishing along the Sonoita and Harshaw Creeks. In 1539, the explorer Marcos de Niza passed through, and 150 years later, Father Eusebio Francisco Kino arrived, mapping the area and establishing missions. Sonoita was designated a “visita” (overnight house) - place to stay between missions.

By the late 1850’s, prospectors had struck ore in the mountains east of Sonoita, and then the ore rich Patagonia Mountains were discovered, so by the 1860’s, miners were bringing out large quantities of silver and lead. The arrival of the railroad in 1882, going from Benson to Nogales, gave the area a big boost. Miners and ranchers poured in, despite the dangers of Apache raids.

A decline in mining activity, cattle shipping, and population lead to a gradual decline in the area; the last ore was shipped to the smelter in 1960, and the last remnants of the original railway were removed 2 years later. So... Patagonia and Sonoita and Elgin have had to reinvent themselves!

Patagonia has become an artist’s community and international birding destination. The Patagonia-Sonoita Creek Preserves is known worldwide for the 300 types of birds nesting or migrating through the area. Sonoita sits amid the beautiful grasslands which have been chosen by filmmakers for “Oklahoma”, “Red River”, “The Young Guns”, and many other films. This country is dominated by cattle, horses, vineyards, and Brahma bulls. Elgin is the focal point of the southern Arizona winemaking industry; although young, it is producing award winning wines.

Whatever your interests, this higher elevation (over 4500 feet) area has something for every taste.



Don't Be Intimidated

At times, we watch the news and ask ourselves, “what is going on with the world today?”. A couple weeks ago there was James Holmes, who, according to the people that knew him, was a quiet, reserved, smart guy, but went on a shooting spree in a theater. Then just a few days ago, Wade Page (a white supremacist) decided to go into a Sikh temple to randomly shoot at people there. His motive was semi-obvious, plainly a hate crime. There is still no motive that has been established for the Aurora shooter yet. The point that I am trying to make, is that these types of situations will happen for various reasons, any time, any place. And we should all be prepared just in case we find ourselves in this horrible scenario. I volunteered with the Tempe Police to be a part of their active shooter training, and I can tell you that even just pretending was pretty scary. Having a gun pointed at your head, hearing the pop of the simulated rounds down the hall, and hearing all the yelling is very intimidating, even when you trust the people that are there.

Because of this I did some research and found [this video](#), by the City of Houston about ways you can prepare, and things you can do in that situation to increase your chances of survival. In addition to the methods they talk about in the video, I think it’s good to learn how to operate a firearm and get the training needed to use it effectively in that situation. If the bad guy has a gun, you can help stop the threat and possibly even save other lives if you know what you are doing. If someone in that theater in Aurora had a gun and was properly trained, they might have saved lives by stopping James.



Upcoming Events

<u>DATE</u>	<u>VENUE</u>	<u>EVENT</u>
Aug 7	Comerica Theatre	Nicki Minaj
Aug 10	Ashley Pavilion	KISS
Aug 15	Comerica Theatre	Last Summer on Earth
Aug 17	University of Phoenix Stadium	Cards VS Raiders
Aug 19	Ashley Pavilion	Identity Tour
Aug 25	Chase Field	Roger Clyne & The Peacemakers
Aug 26	Comerica Theatre	Trespass America Tour
Aug 29	US Airways Center	Neil Diamond

Help Yourself

How to Fake a Good Night’s Sleep

I know that here at T.E.A.M., those of us in the office will also work out in the field for some of our bigger events. This can cause us to stay up later than usual until the end of the event, and then we have to be back in the office at our usual time the next morning. It’s inevitable that it will happen, and [here is an article](#) giving you advice on how to feel better when you are lacking sleep.

So It’s the Desk’s Fault?

Did you know that sitting at your desk all day is not only detrimental to your physical health, but also to your mental health? Because you are sitting, the electrical activity in your muscles drops, causing all kinds of harmful metabolic effects. You can read [this article](#) for full details. It says to help the negative effects, you can go for a walk during the day or at least go outside for a little bit.



Success is getting what you want.
Happiness is wanting what you get. - Dale Carnegie

What Will be Your Legacy?



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