



# TOTAL NEWS

Property Patrol...CCTV Monitoring...Facility Protection...Equipment Rental...Fire Watch....

VOLUME 3, ISSUE 10

OCTOBER 2011

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## History of Florence

Florence was founded in 1866, shortly after the end of the Civil War, by Col. Levi Ruggles, an Indian agent. Arizona had been established as a territory by Abraham Lincoln in 1863, and Ruggles was part of the effort to protect settlers from bandits and marauding Apaches. Newcomers were establishing farms and ranches along the Gila River, and using the old Hohokam canal system for irrigation.

Agriculture remained the main economic base until silver was discovered at the Silver King Mine in Superior in 1875; the ore was moved out through Florence, and the town soon became the preferred watering hole for thirsty miners. 1875 was also the year Pinal County was established, with Florence as its capital, and adventurers, entrepreneurs, and jobseekers all descended on the town.

In the 1880's, the canal boom in Arizona saw the establishment of new irrigation canals, allowing water from the Gila River to be diverted for farming and ranching, and these enterprises once again became important parts of the economy. As Florence grew and evolved, construction moved from adobe to bricks, wood, and mortar; the county courthouse was erected in 1891, a fine example of American Victorian, which still stands today, and is Florence's most prominent landmark.

The Arizona Territorial Prison system (now the Arizona State Prisons), began moving to Florence from Yuma in 1908, and is now one of the largest employers in the city. The city continues to reinvent itself, as Pinal County grows, but you can still see the various architectural styles used since its founding, in the downtown area, a quick and easy history walk.



One of our employees sent me an email about identifying strokes, and it's actually very useful. I was watching "The Glades" with my husband one night, and because of this email...I could tell the actor was portraying a stroke. It's a stretch...I know.



During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics)...she said she had just tripped over a brick because of her new shoes.

They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening.

Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 pm Jane passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

### RECOGNIZING A STROKE:

REMEMBER STR (as in the first 3 letters of the word STROKE). Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

S \* Ask the individual to SMILE.

T \* Ask the person to TALK and SPEAK A SIMPLE SENTENCE COHERENTLY (i.e. It is sunny out today.)

R \* Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

NOTE: Another sign of a stroke is this: Ask the person to stick out his or her tongue. If the tongue is crooked (if it goes to one side or the other) that is also an indication of a stroke.



This month will start the first of many events in Tempe to help the homeless. The concert will be free but donated items are greatly appreciated. These series of events will support the Evelyn Rose Hallman Endowment to End Homelessness in Tempe which funds supportive housing and rapid re-housing in Tempe. To read more, click on their logo to the left. All the bands that will be playing are listed and you can click their names to learn more about them as well.

## Upcoming Events

<u>DATE</u>	<u>VENUE</u>	<u>EVENT</u>
Oct. 5	Comerica Theatre	Incubus
Oct 7	Roosevelt Row	Red Bull Triple Set
Oct. 7 & 8	Greenway High School	Navratri & Sharad Prunima Ustav
Oct. 7-9	Tempe Beach Park	Oktoberfest
Oct 8	Ashley Pavilion	Uproar Festival
Oct 9	Tempe Tardeada	Tempe Library
Oct. 10	Tempe Beach Park	Our House Homeless Day Celebration
Oct 11	Comerica Theatre	Il Volo
Oct 14	Tempe Big Surf	Soundwave Music Festival
Oct 14	Comerica Theatre	Evanescence
Oct 14&15	Greenway High School	Navratri & Sharad Prunima Ustav
Oct 15	Tempe Beach Park	Tour De Fat
Oct 16	US Airways Center	Foo Fighters
Oct 17	Comerica Theatre	Paul Simon
Oct 20	Ashley Pavilion	Jimmy Buffett
Oct 22	Roosevelt Row	Food Truck Festival
Oct 22	American Royal Palace	Deepavali & New Year
Oct 23	University of Phoenix	Cardinal v. Steelers
Oct 27	Comerica Theatre	Jamz presents Valley Caliente
Oct 28	Comerica Theatre	Louis C.K.
Oct 28 & 29	Salt River Fields Stadium	Balloon Festival
Oct 29	BS West	Halloween Show
Oct 29	Axis-Radius	Ghost Ball
Oct 29	Fat Tuesday/Canteen	Halloween Bash

## Help Yourself

It's happened to most of us. We are driving along...and our minds wander, and we get caught up in the music or whatnot and don't even realize that we are going too fast. Then the next thing you know, those red and blue lights are flashing behind you, and you get that pit in your stomach, hoping you don't get a ticket. Click [here](#) for ways to talk yourself out of a ticket. Notice that most of them involve honesty.

Since Halloween is the big celebration this month, I wanted to give you a resource for safety on Halloween. I found [this site](#) which has everything you'd ever want or need to know about Halloween safety, from trick-or-treating safety to pet safety on Halloween.

If you work in a cubicle like me, it's really easy to get distracted. I tend to tune into other people's conversations, not because I want to, but because I can't just block it out. Same reason I don't like to watch TV before bed...because I can't tune it out and I end up wanting to know what's going on. Read [here](#) for 7 strategies to avoid distractions.



*There are nights when the wolves are silent and only the moon howls. ~George Carlin*

## Have a Safe Halloween



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